**NHSSP Hockey**

Age groups / categories

U11 – Year 5 or 6

Available to enter:

* Mixed U11 Hockey Festival
* Mixed U11 Hockey Competition

Team

Maximum squad of 10

Matches are 7-a-side

There should always be at least 3 girls and 3 boys on the pitch at a time\* the 7th player may be a girl or boy.

\* All girls’ schools are exempt from this and may enter a full squad of girls

No goalkeepers

Format

**Festival**

Teams will do some warm-up and skill activities led by Sports Leaders

Teams will then play a few friendly games

The rules below will be explained to the participants

**Competition**

Teams will be put into groups – dependant on numbers

Matches will be 10 minutes one way - if time allows

3 points for a win, 2 points for a draw, 1 point for a loss

If the points are tied at the end of the round robin the winner will be decided by the following process:

Goal difference, Goals scored, Goal conceded, Result between the two teams

Rules

Self-passing is allowed

Both teams must be 3m from free hits

Diagram

Description automatically generated with medium confidenceIf the ball is stopped going into the goal by feet or hands the goal is still given

Long corners are taken from the shooting zone line, in line with where the ball went off

No penalty corners or flicks

Substitutions can be made at any time

Players must be inside the shooting zone to score a goal

The stick should not go higher than the knee

The ball should not be lifted

Shin pads must be worn, gumshields are advised

Advantage will be played where possible to allow the game to flow

Power Play - If a team goes 4 goals down you will be able to bring on an eighth player, so 8 v 7. If you score, so it is 3 goals down, the eighth player leaves the pitch. If you go 6 goals down you can bring on another player, so 9 v 7, until it is 4 goals down, then one player leaves.

Please note only Astroturf and normal trainers are to be worn - NO studded footwear will be allowed.

Pitch size will be from side line to side line, across the width of an astro. Therefore, four pitches can be marked out on one astro.

Please bring bibs with you in case of a kit clash. If you have hockey sticks, please bring these with you. Plastic Unihoc sticks are not appropriate to use.

Progression

**Festival**

No progression

**Competition**

The winning team will be invited to represent Team North Herts at the Herts School Games Finals.

The festival is an Aspire and Develop Event

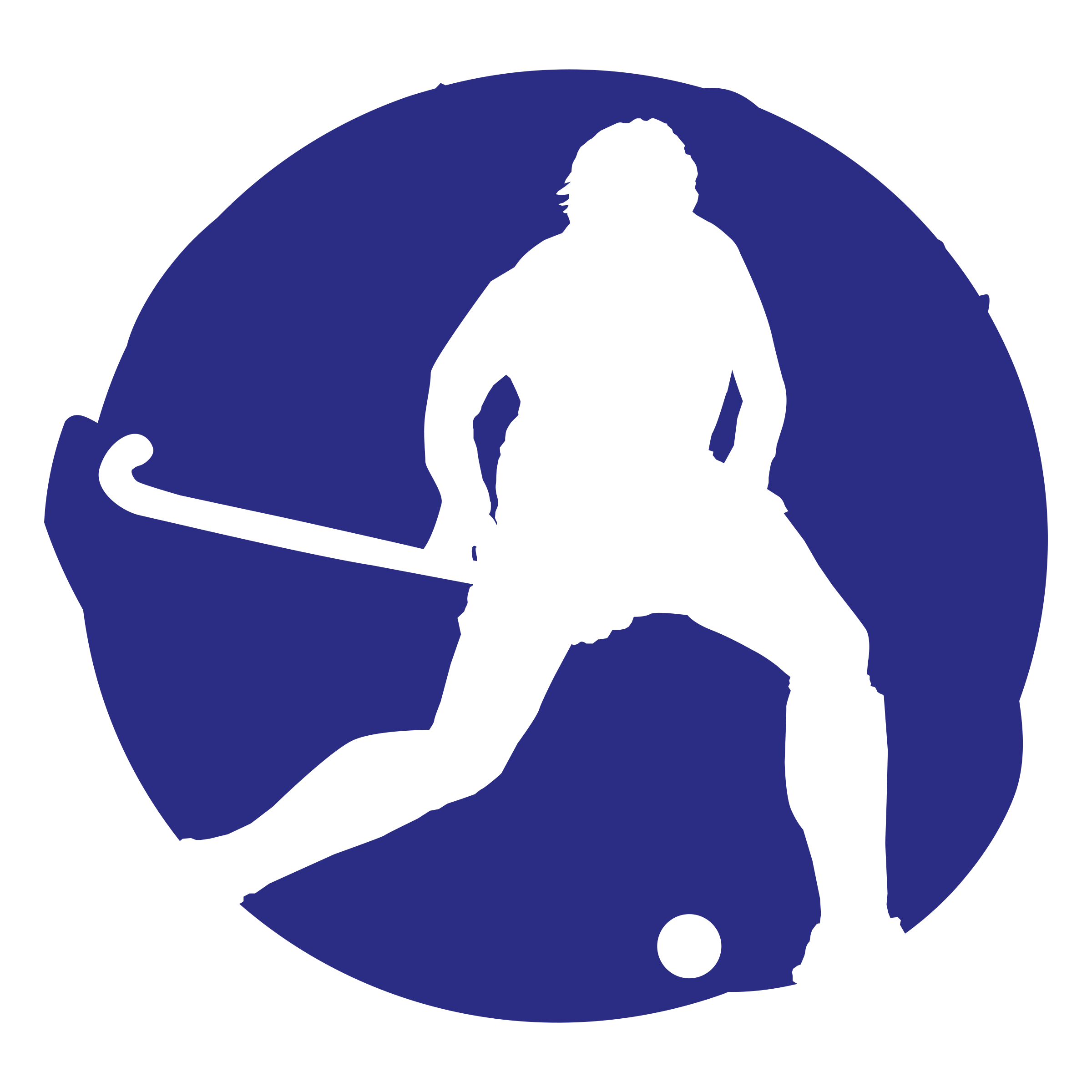
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The competition is a Compete Event

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**[](http://www.nhssp.co.uk/)NHSSP U11 Hockey**

**Registration Sheet**

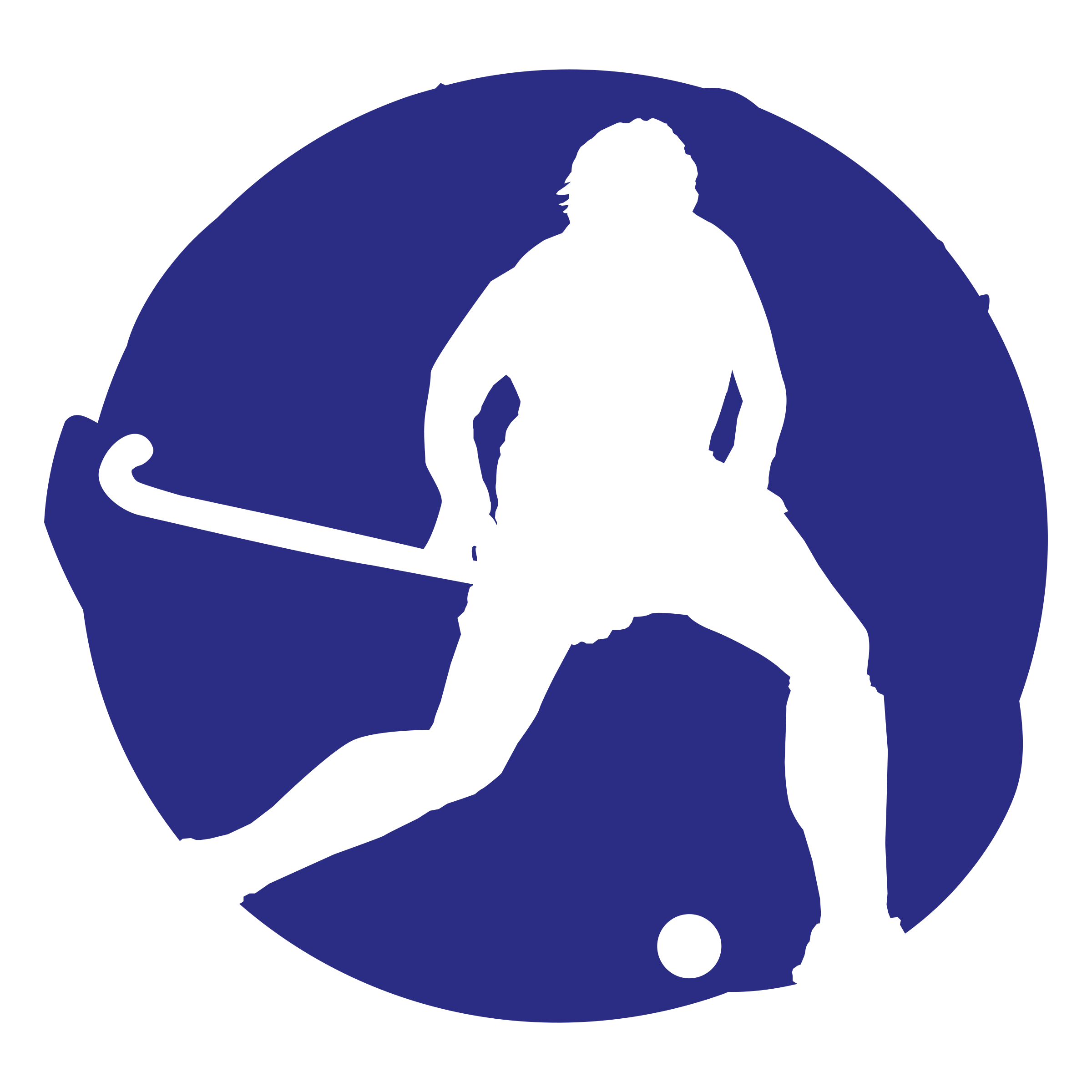
|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **School name** | |  | | |
|  | |  | | |
| **Lead member of staff** | |  | | |
|  | |  |  | |
| **Participation data** | |  |  | |
| **Gender1** | |  |  | |
| **Boys -** | | **Girls -** | **Other -** | |
|  | |  |  | |
| **Ethnicity2** | |  |  | |
| **White (British/English) -** | **White (not British/English) -** | | | **Mixed Race -** |
| **Asian or British Asian -** | **Back or Black British -** | | | **Other -** |
|  | |  |  | |
| **SEND3** | |  |  | |
| **Total -** | |  |  | |

Please bring this sheet along with you and hand in to the event organiser upon arrival.

Be sure to let the event organiser know whether you have any pupils that cannot have their photograph taken. Photos are put onto the NHSSP website and twitter feed.

1. We require data relating to gender at birth, or the child’s self-declared gender identity (if known and if different from birth-gender): i.e. a child born as a boy but identifying as a girl should be classified as a girl. “Other” should include those who prefer to self-describe as neither a boy or a girl, e.g. non-binary, gender-fluid and gender non-conforming.
2. We require participation data relating to background and race to ensure that we reach a diverse population across School Games. We encourage all SGOs to collect and use data at a more granular level to help identify local opportunities and gaps and to ensure that an offer of a wide, diverse and inclusive provision for all. This data can be obtained from participating schools at an aggregated level, subject to data sharing agreements i.e. schools should be asked to share the total number of children participating in an event within each of the 6 groups.
3. We require data at an overall “Special Educational Needs and/or Disability (SEND)” level for reporting purposes. However, we encourage SGOs to collect and use data at a more granular level to ensure a wide and diverse set of participants and inclusive provision. This data can be obtained from participating schools, subject to their data sharing agreements. Children included within the wide description of “SEND” include those with physical, cognitive, mental health/emotional and communication/social/relationships disabilities.





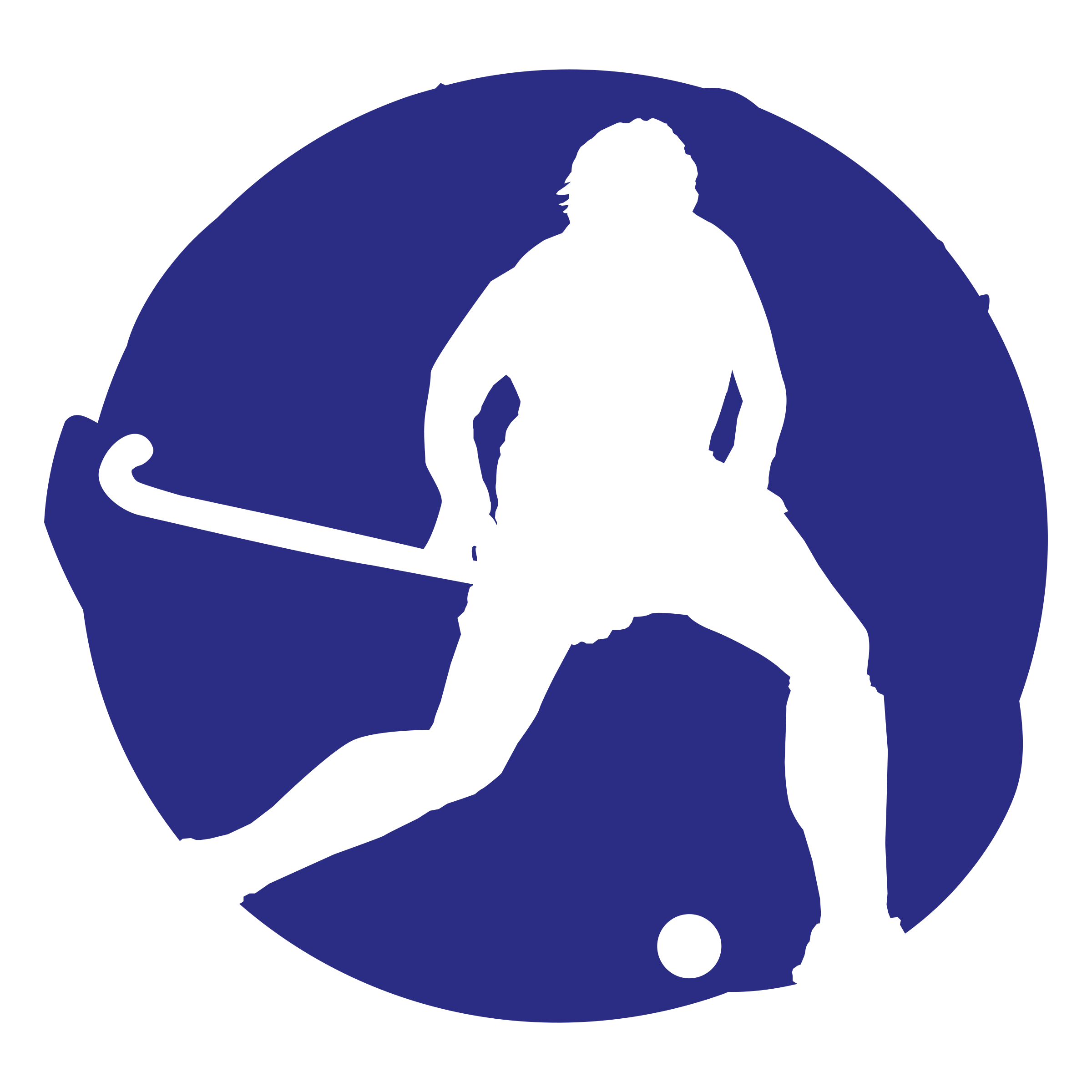
<Pupil Name>

Participated in the North Herts School Sport Partnership

School Games Hockey Event

North Herts School Sport Partnership

www.nhssp.co.uk | @NorthHertsSSP



<Pupil Name>

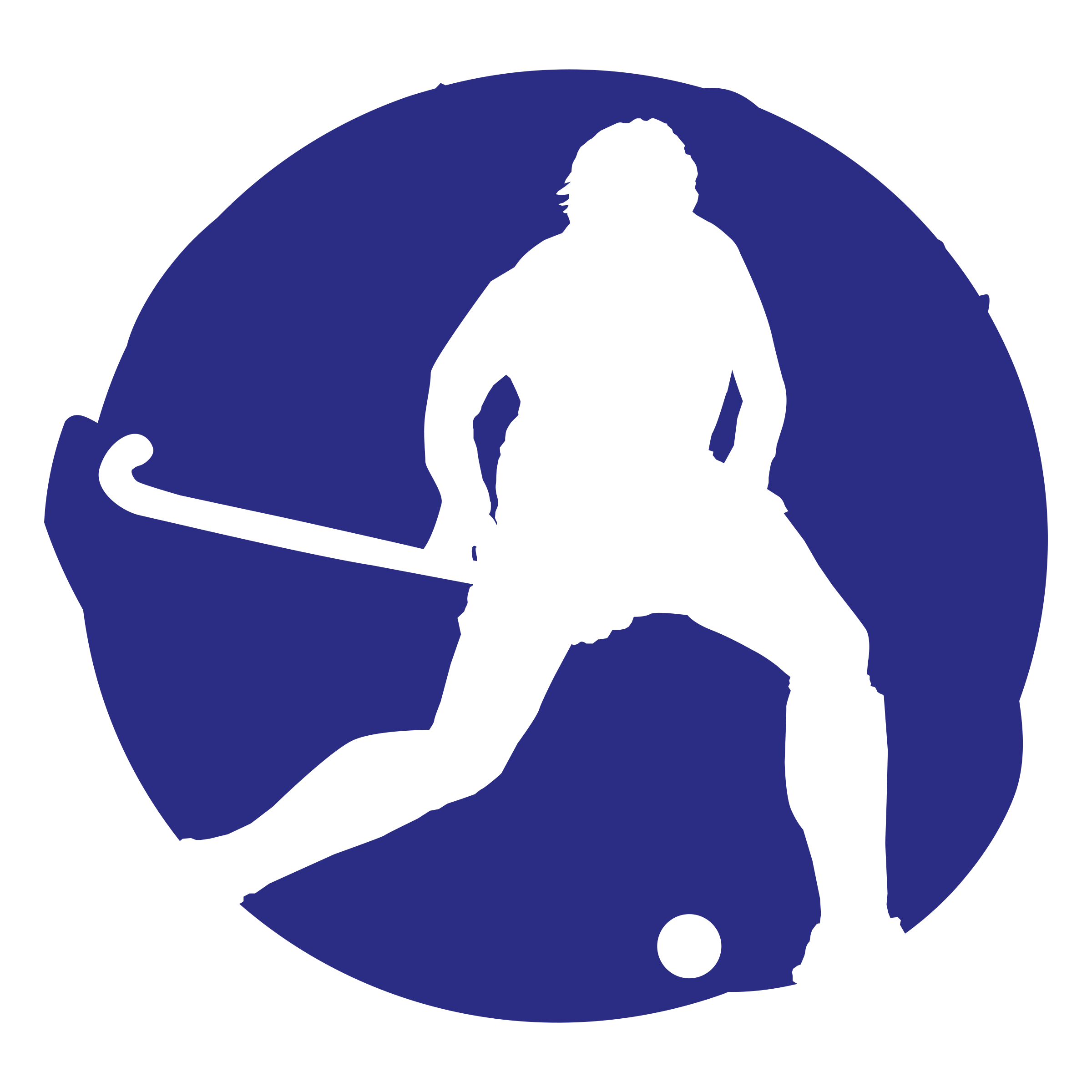
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<School Name>

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